



When you hurt or injure one person,  
you hurt or injure the whole family.

## Accelerated InSight Program

The Accelerated InSight Program (AIP) gives participants the information, support and skills to help them better manage driving choices.

AIP educates the participants on the dangers and long term consequences of careless driving and road trauma.

In a small groups, of up to 10, participants are guided by a trained community educator to discuss previous driving offence/s and what has brought them to where they are now; dominant themes include feeling 'unlucky' that they were caught.

Participants then hear first-hand from two volunteers who have experienced road trauma – one of whom has been personally impacted and the other an emergency service worker who attends crashes. Road Trauma Support Services Victoria (RTSSV) has over 100 trained volunteers who relate powerful stories of their experiences and their loss at these sessions – our volunteers include grieving family members and 'no fault' and culpable drivers.

Participants look at the choices they made and are guided to reflect on potential consequences other than just getting caught and to take responsibility for their driving behaviours. We let them know that they are the 'lucky ones' to have a second chance.

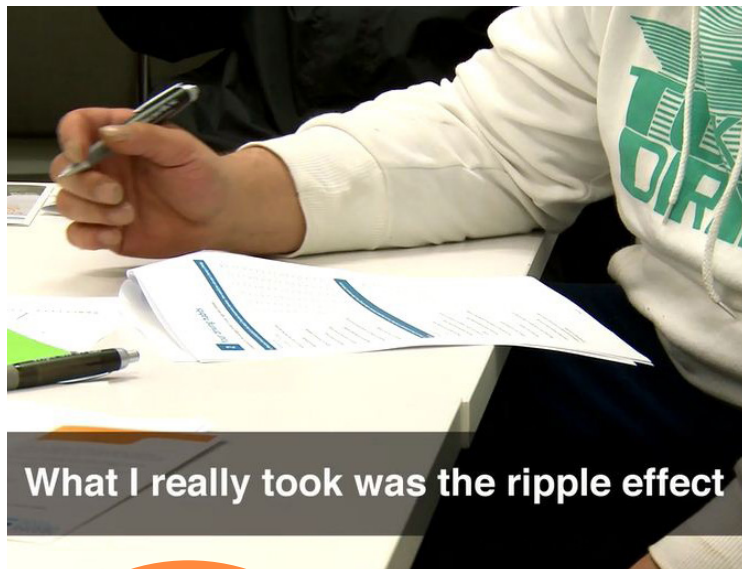


*"The volunteer that spoke lost someone so it made me reflect about my driving habits – I wouldn't want my mum to be doing that ..."*

*"The seminar made me think, that (it) could have been me or my mates"*



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What I really took was the ripple effect



Because it's just not worth it.

85 percent said it had an impact on them

**What's in the program?**

**Risks** Participants will look at the main causes for crashes, the precursors and ways to prevent them.

**Attitudes** Participants reflect on what they have done, see how road trauma effects people and communities, see that it just takes one split

second of loss of concentration without any other high risk behaviours to cause devastation to many - themselves and others.

**Format** The program is discussion based, interactive and key messages demonstrated though experiential learning. Narrative, NLP, CBT, experiential and adult learning theories form the basis of the program and aims to construct new thinking processes that will sustain these

changes.

89 percent said they had not reoffended

**Outcomes** That driving offenders, and those at risk of offending, understand the risks and consequence of their driving choices. To reduce individual participant recidivism in motor vehicle theft, unlicensed driving and driving offences.

**Ongoing learning** We invite caseworkers to join the program to sustain the learnings taken from the program and invite all to a briefing prior to the program running.

**Evidence** The program is built on the successful Road Trauma Awareness Seminar (RTAS) program that RTSSV has been running since 2004. RTAS has the support of the Magistrates' Court and Victoria Police who refer participants and has been independently reviewed by Monash University Accident Research Centre.

91 percent said they have made changes to their driving

**Localised** RTSSV has trained educators and volunteer speakers delivering localised road safety education in 17 locations across Victoria; with strong linkages and referral pathways into to health and welfare services.

We encourage all driving offenders to participate in the AIP to develop and sustain new ways of thinking and acting when driving

*"I was dragged out of the hospital by the police... (at the police interview) there were two cops. They told me things I didn't know. They told me it was my fault. They told me I was on the wrong side of the road and as result two people passed away"*

RTSSV volunteer speaker telling his story of road trauma and culpable driving

## Accelerated InSight Program - Driving new ways of thinking

For more information contact  
**1300 367 797**  
**www.rtssv.org.au**